# DIGITAL **JOURNEY MAP**



# WHAT IT IS

The Journey Map helps participants connect the dots between the content of an online series and their existing knowledge

# **IDEAL FOR**

Slowing down and providing space for participants to reflect on what they have learned and where they want to go from there



Any size







# **REQUIREMENTS**

### Roles:

1x moderator

# Supplies:

- Clickable Journey Map PDF
- Relaxing background music

### INSPIRATION

- [1] Method: History Map
- [2] Article on reflection exercises: 7 Free Reflection Activities and Revision Exercises for Freelance Trainers & Teachers
- [3] Article: Chapter 5: Activities - Facilitation Reflection

# **HOW IT WORKS**

The Journey Map is handed out before the program begins, via email. It should include a note explaining how the map provides space for personal reflection and notes throughout the course. You can also encourage learners to print out the map. That way, learners have something tangible to help recap learnings, build on existing knowledge, whilst identifying knowledge gaps, and follow through with the program whilst still having the grand scope in mind

The map should be filled out at the beginning of the online series. Introduce the task and let learners capture their thoughts, insights, and questions on the page. You can play relaxing music in the background while they carry out this task. If you have smaller groups of 5-10, ask them to share their top insights or questions. Make sure to refer back to the map during the program, so people get into the habit of reflecting on their learning journey.

#### **CONSIDERATION CHECKLIST**

- ☐ What are the milestones during the online program that should be included in the template?
- ☐ Decide what you want your learners to reflect on. You can ask them to only focus on the input they receive in the online session and connect it with their prior knowledge, or even include current events happening in the world

## ADD ON

Learners can also create a map together, using collaboration tools such as Mural or Miro

preparation social

opening

main

closure

follow-up



